

Peanut Butter Energy Balls



Servings: 16

2/3 cup creamy peanut butter

1 cup rolled oats

1 1/2 teaspoons honey

1/4 cup chocolate chips

1/4 cup flax seeds

In a bowl combine peanut butter, rolled oats, honey, chocolate chips, and flax seeds. Mix until well combined.

Cover the bowl in plastic wrap. Chill the peanut butter mixture in the refrigerator for 30 minutes.

Once the peanut butter mixture is chilled roll the mixture into 1-inch round balls.

Place on a plate and store in the fridge until ready to serve.

Enjoy!

Per Serving (excluding unknown items): 104 Calories; 7g Fat (55.5% calories from fat); 3g Protein; 9g Carbohydrate; 2g Dietary Fiber; 1mg Cholesterol; 41mg Sodium; 3g Total Sugars; 0mcg Vitamin D; 20mg Calcium; 1mg Iron; 92mg Potassium; 43mg Phosphorus. Exchanges: .