

# Cookies and Cream Milkshake (Dairy-Free)



## Servings: 2

*1 pint vanilla ice cream (dairy-free)*

*1 cup coconut milk*

*4 chocolate sandwich cookies*

*coconut whipped topping*

To a blender add vanilla ice cream (dairy-free), coconut milk, and chocolate sandwich cookies. Blend until smooth.

Pour into 2 glasses and top with coconut whipped topping.

Serve

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Per Serving (excluding unknown items): 549 Calories; 43g Fat (68.2% calories from fat); 7g Protein; 38g Carbohydrate; 4g Dietary Fiber; 58mg Cholesterol; 124mg Sodium; 32g Total Sugars; trace Vitamin D; 188mg Calcium; 2mg Iron; 578mg Potassium; 259mg Phosphorus. Exchanges: .