

Strawberry and Watermelon Electrolyte Drink

Makes 2 Servings



5 strawberries
1 cup diced watermelons
1 1/2 cups coconut water
1/2 cup brewed hibiscus tea

1 lime juiced
1/4 teaspoon Celtic sea salt
1 teaspoon honey

To a blender add strawberries, watermelon, coconut water, hibiscus tea, lime juice, Celtic sea salt, and honey.

Blend until smooth.

Pour into glasses.

Enjoy!