

## Banana-Mango Smoothie

Makes 2 Servings



**1 banana sliced**  
**1 cup frozen mangos**  
**2/3 cup milk**

**1 tablespoon honey**  
**1/4 teaspoon vanilla extract**

To a blender add sliced banana, mangos, milk, honey, and vanilla extract. Blend until smooth.  
Pour into glasses.  
Serve