

Coconut Matcha Latte



Servings: 1

1 teaspoon matcha green tea powder

3/4 cup coconut milk

2 teaspoons honey

In a small sauce pan heat coconut milk until hot.

Whisk in matcha green tea powder and honey until fully combined.

Pour into a mug.

Serve

Per Serving (excluding unknown items): 469 Calories; 43g Fat (75.9% calories from fat); 7g Protein; 24g Carbohydrate; 6g Dietary Fiber; 0mg Cholesterol; 28mg Sodium; 18g Total Sugars; 0mcg Vitamin D; 30mg Calcium; 4mg Iron; 481mg Potassium; 181mg Phosphorus. Exchanges: .