

Banana Chips



Servings: 2

*2 bananas, cut into rounds
1 teaspoon lemon juice*

Line a baking sheet with parchment paper. Place the bananas on the baking sheet in a single layer and brush with lemon juice.

Place in a 225°F oven for 90 minutes. Loosen the banana slices from the parchment paper and cook for another 30-90 minutes until dried.

The bananas will crisp as they cool.

Serve

Per Serving (excluding unknown items): 113 Calories; trace Fat (3.0% calories from fat); 1g Protein; 29g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 1mg Sodium; 15g Total Sugars; 0mcg Vitamin D; 6mg Calcium; trace Iron; 454mg Potassium; 28mg Phosphorus. Exchanges: .