

Strawberry Cucumber Iced Green Tea



Servings: 8

2 green tea bags

8 cups water

6 strawberries, sliced

1 cucumber, sliced

1/4 cup mint leaves

1 lemon, sliced

Brew green tea in 2 cups of boiling water. Set aside to cool.

To a pitcher add brewed green tea, strawberries, cucumber, mint, lemon, and 6 cups cold water. Stir together.

Refrigerate for a minimum of 2 hours.

Serve

Per Serving (excluding unknown items): 11 Calories; trace Fat (6.1% calories from fat); trace Protein; 3g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 10mg Sodium; 1g Total Sugars; 0mcg Vitamin D; 16mg Calcium; trace Iron; 79mg Potassium; 12mg Phosphorus. Exchanges: .