## **Maple Lemonade**



## Servings: 6

2 tablespoons lemon zest 1 cup lemon juice 1/2 cup maple syrup 6 cups cold water To a pitcher add lemon zest, lemon juice, maple syrup, and cold water. Stir to combine.

Pour into a glass over ice.

Serve

Per Serving (excluding unknown items): 10 Calories; trace Fat (6.6% calories from fat); trace Protein; 3g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 10mg Sodium; 1g Total Sugars; 0mcg Vitamin D; 12mg Calcium; trace Iron; 45mg Potassium; 3mg Phosphorus. Exchanges: