

Breakfast Fruit Salad



Servings: 6

1 cup strawberries, sliced

1 cup cantaloupe, cubed

*15 ounces mandarin oranges in juice,
drained*

1 banana, sliced

2 kiwis, peeled and chopped

1 cup blueberries

1/2 cup orange juice

In a bowl combine strawberries, cantaloupe, mandarin oranges, banana, kiwis, blueberries, and orange juice. Toss to combine.

Serve

Per Serving (excluding unknown items): 94 Calories; trace Fat (3.5% calories from fat); 2g Protein; 24g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 11mg Sodium; 18g Total Sugars; 0mcg Vitamin D; 22mg Calcium; 1mg Iron; 395mg Potassium; 34mg Phosphorus.
Exchanges: .