

Club Sandwich



Servings: 2

6 bread slices

4 tablespoons mayonnaise

4 ounces turkey, sliced

1 tomato, sliced

2 cheddar cheese slices

4 ounces ham, sliced

4 slices cooked bacon

1/2 cup lettuce, chopped

Place 1 slice of bread on a cutting board. Spread with mayonnaise.

Top with turkey, tomato slices and cheddar cheese.

Spread mayonnaise on another pieces of bread and place on top of the cheddar cheese.

Top with ham, bacon and lettuce. Spread mayonnaise on the final slice of bread and place on top.

Cut the sandwich into halves or quarters

Serve

Per Serving (excluding unknown items): 775 Calories; 52g Fat (59.2% calories from fat); 37g Protein; 43g Carbohydrate; 3g Dietary Fiber; 114mg Cholesterol; 1720mg Sodium. Exchanges: 2 1/2 Grain (Starch); 4 1/2 Lean Meat; 1/2 Vegetable; 5 Fat.