

Raspberry Lemonade



Servings: 6

1 cup sugar

1 cup water

3/4 cup raspberries, fresh or frozen

1 cup lemon juice, freshly squeezed

4 cups cold water

To a small sauce pan add sugar and 1 cup of water. Place over medium heat and heat until the sugar is completely dissolved.

To a blender or food processor add raspberries. Puree until smooth.

To a pitcher add the simple syrup, pureed raspberries, lemon juice, and cold water. Mix to combine.

Chill in the refrigerator until ready to serve.

Enjoy!

Per Serving (excluding unknown items): 146 Calories; trace Fat (1.1% calories from fat); trace Protein; 38g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 9mg Sodium; 35g Total Sugars; 0mcg Vitamin D; 13mg Calcium; trace Iron; 66mg Potassium; 8mg Phosphorus. Exchanges: .