Smoked Salmon Breakfast Sandwich



Servings: 4

4 hagels, halved 4 ounces smoked salmon 1/4 cup mayonnaise 2 tablespoons lemon juice 1 tablespoon fresh dill, chopped salt and pepper, to taste 1 cucumber, sliced into rounds 1 red onion, sliced capers, to taste In a small bowl combine mayonnaise, lemon juice, dill, salt, and pepper. Set aside.

Toast the bagels in a 350°F oven for 10 minutes or until golden brown.

Spread the mayonnaise mixture on the bottom of the bagels.

Top with cucumbers, smoked salmon, red onion, and capers.

Top with the bagel tops.

Serve

Per Serving (excluding unknown items): 398 Calories; 6g Fat (14.2% calories from fat); 17g Protein; 68g Carbohydrate; 4g Dietary Fiber; 9mg Cholesterol; 855mg Sodium; 7g Total Sugars; 5mcg Vitamin D; 52mg Calcium; 2mg Iron; 379mg Potassium; 190mg Phosphorus. Exchanges: