

Sparkling Hibiscus Iced Tea



Servings: 3

3 bags hibiscus tea

3 cups water

1/4 cup lime juice

carbonated water

ice

Pour 3 cups of boiling water over 3 hibiscus tea bags and steep for 10 minutes. Discard the tea bags.

To a pitcher add the hibiscus tea and lime juice. Mix to combine.

Chill in the refrigerator for at least 4 hours or until ready to serve.

To glasses add ice and hibiscus tea. Top off with carbonated water.

Serve

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 19mg Sodium; 0g Total Sugars; 0mcg Vitamin D; 26mg Calcium; trace Iron; 47mg Potassium; 2mg Phosphorus. Exchanges: .