

Iced Mocha



Servings: 1

1 cup brewed coffee, chilled

1/2 cup milk

2 teaspoons cocoa powder

2 teaspoons maple syrup

ice

To a blender add brewed coffee, milk, cocoa powder, and maple syrup. Blend until smooth.

Pour into a glass over ice.

Serve

Per Serving (excluding unknown items): 121 Calories; 5g Fat (31.7% calories from fat); 5g Protein; 17g Carbohydrate; 1g Dietary Fiber; 12mg Cholesterol; 60mg Sodium; 15g Total Sugars; trace Vitamin D; 161mg Calcium; 1mg Iron; 361mg Potassium; 136mg Phosphorus.
Exchanges: .