

Sausage Sliders

Makes 8 Servings



- 1 pound ground pork
- 1 teaspoon salt
- 1 teaspoon fennel seeds
- 1/4 teaspoon red pepper flakes

- 1 tablespoon paprika
- 3 sliced green onions
- 16 slider buns

In a bowl combine ground pork, salt, fennel seeds, red pepper flakes, paprika, and green onions. Mix until fully combined.

Form the ground pork mixture into 16 small patties. Place on a baking tray lined with parchment paper.

Bake your patties in a 350°F oven for 30 minutes or until they reach an internal temperature of 145°F.

Place your sausage patties on to buns and top with desired toppings.

Serve

Nutrition Facts

Amount per Serving

Calories 173

Calories from Fat 122

% Daily Value*

Total Fat 13g 20%

Saturated Fat 5g 25%

Cholesterol 37mg 12%

Sodium 320mg 13%

Total Carbohydrate 3g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 0g

Vitamin A 24% Vitamin C 60%

Calcium 0% Iron 17%

Percent Daily Values are based on a 2,000 calorie diet.