

Crudités Platter



Servings: 10

Fruits and Vegetables:

sugar snap peas

cherry tomatoes

baby bell peppers

carrots

radishes

red grapes

Bowl's, Dips, and Spreads:

olives

honey roasted peanuts

edamame hummus

honey with red pepper flakes

Crackers:

rice crackers

seeded crackers

The first thing you need is a platter. You can use a wooden cutting board, a slate board, or a serving tray. Any flat surface will work.

Arrange the items on your platter starting with fruits and vegetables.

Add items that need to be in bowl's, dips, and spreads.

Add in crackers.

Serve

This list is just a guide, use whatever ingredients you enjoy!

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium; 0g Total Sugars; 0mcg Vitamin D; 0mg Calcium; 0mg Iron; 0mg Potassium; 0mg Phosphorus. Exchanges: .