

Coconut Matcha Latte



3/4 cup coconut milk

2 teaspoons honey

1 teaspoon matcha green tea powder

1. In a small sauce pan heat the coconut milk until hot.
2. Whisk in matcha green tea powder and honey until fully combined.
3. Pour into a mug.
4. Serve

Nutrition Facts

Amount per Serving

Calories 373

Calories from Fat 302

% Daily Value*

Total Fat 36g

55%

Saturated Fat 32g

160%

Cholesterol 0mg

0%

Sodium 21mg

0%

Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Sugars 10g	
Protein 3g	
Vitamin A 0%	Vitamin C 3%
Calcium 3%	Iron 30%

Percent Daily Values are based on a 2,000 calorie diet.