

Strawberry Lemonade



Servings: 8

4 1/2 cups strawberries

1/4 cup sugar

1 cup lemon juice

6 1/4 cups water

Place strawberries and 1 cup of water into a blender or food processor. Blend until smooth.

In a pitcher dissolve sugar in 1/4 cup of water.

To the pitcher add strawberry puree, lemon juice, and 5 cups of cold water. Stir together.

Chill in the refrigerator for 1 hour.

Serve

Per Serving (excluding unknown items): 73 Calories; trace Fat (5.2% calories from fat); 1g Protein; 19g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 9mg Sodium; 14g Total Sugars; 0mcg Vitamin D; 29mg Calcium; 1mg Iron; 235mg Potassium; 34mg Phosphorus. Exchanges: .