20240225 PCK

Friends I had family I hurt choices I made lead me to my Gethsemane

Wanting more caring less brough me to my Gethsemane

Turning away all I found was my Gethsemane

Tears of salt tears of shame tears of blood upon my face

Oh Lord won't Thou visit me in my Gethsemane I walked my path I chose not to see it lead me to my Gethsemane

Oh Lord won't Thou please visit me in my Gethsemane

Regret is weight pulling me down to my Gethsemane

Will Thy mercy extend even to me

Oh Lord
if Thou could
won't Thou please
visit me
in my
Gethsemane

Her tender embrace my fall from grace She turned I woke in my Gethsemane Oh Lord visit me in my Gethsemane

20240214 PCK

The funny thing about Death is it comes slowly to most Gives you time Time to panic to bargain to regret to sell your wealth sell your soul for a cure

It might be shitty genetics
But more than likely
it's the result
of a shitty life

Too much food too ignorant to eat right too much comfort and couch time too many shows on screens consumed You kill yourself with poor choices every day Then the disease and disability comes a knocking

The Grim Reaper stands voyeuring in your window hand down his pants

You feel violated like Death is a criminal come to steal your virtue

The truth is you're the Pervert
You sold your health for sugary snacks for stretchy jeans for marathons of nonmovement avoiding sweat avoiding work loathing discomfort

When your City burns and oh how it will burn welcome Death to your rooftop and fiddle for him It's the Rome you built

20240207 PCK

Do no throw your pearls before swine

Serve those that acknowledge you

People that will not communicate with you do not deserve your communications to them

Value yourself above others who do not value you

Even if it means you will be alone until life brings you new people