

Sleaford Kuk Sool Won Training Programme - September to December 2020

| September | | | October | | | November | | | December | | |
|-----------|--------------|-----------------------|---------|--------------|-----------|----------|--------------|-----------|----------|-------------------|-----------|
| Sun 6 | Advanced | 0800-0900 | Sun 4 | Juniors 1 | 1030-1100 | Sun 1 | Juniors 1 | 1030-1100 | Sun 6 | Juniors 1 | 1030-1100 |
| | Intermediate | 0915-1000 / 1130-1215 | | Juniors 2 | 1110-1140 | | Juniors 2 | 1110-1140 | | Juniors 2 | 1110-1140 |
| | Juniors 2 | No Class | | Intermediate | 1145-1230 | | Intermediate | 1145-1230 | | Intermediate | 1145-1230 |
| | Juniors 1 | No Class | | Advanced | 1235-1330 | | Advanced | 1235-1330 | | Advanced | 1235-1330 |
| Sat 12 | DBN Testing | 1100-1300 | Sun 11 | Juniors 1 | 1030-1100 | Sun 8 | Juniors 1 | 1030-1100 | Sat 12 | DBN Kids Testing | 1100-1230 |
| Sun 13 | Juniors 1 | 1030-1100 | | Juniors 2 | 1110-1140 | | Juniors 2 | 1110-1140 | Sat 12 | DBN Adult Testing | 1230-1400 |
| | Juniors 2 | 1110-1140 | | Intermediate | 1145-1230 | | Intermediate | 1145-1230 | Sun 13 | Juniors 1 | 1030-1100 |
| | Intermediate | 1145-1230 | | Advanced | 1235-1330 | | Advanced | 1235-1330 | | Juniors 2 | 1110-1140 |
| | Advanced | 1235-1330 | Sun 18 | Juniors 1 | 1030-1100 | Sun 15 | Juniors 1 | 1030-1100 | | Intermediate | 1145-1230 |
| Sun 20 | Juniors 1 | 1030-1100 | | Juniors 2 | 1110-1140 | | Juniors 2 | 1110-1140 | | Advanced | 1235-1330 |
| | Juniors 2 | 1110-1140 | | Intermediate | 1145-1230 | | Intermediate | 1145-1230 | Sun 20 | Juniors 1 | 1030-1100 |
| | Intermediate | 1145-1230 | | Advanced | 1235-1330 | | Advanced | 1235-1330 | | Juniors 2 | 1110-1140 |
| | Advanced | 1235-1330 | Sun 25 | Juniors 1 | 1030-1100 | Sun 22 | Juniors 1 | 1030-1100 | | Intermediate | 1145-1230 |
| Sun 27 | Juniors 1 | 1030-1100 | | Juniors 2 | 1110-1140 | | Juniors 2 | 1110-1140 | | Advanced | 1235-1330 |
| | Juniors 2 | 1110-1140 | | Intermediate | 1145-1230 | | Intermediate | 1145-1230 | Sun 27 | No Class | Canx |
| | Intermediate | 1145-1230 | | Advanced | 1235-1330 | | Advanced | 1235-1330 | | | |
| | Advanced | 1235-1330 | | | | Sun 29 | Juniors 1 | 1030-1100 | | | |
| | | | | | | | Juniors 2 | 1110-1140 | | | |
| | | | | | | | Intermediate | 1145-1230 | | | |
| | | | | | | | Advanced | 1235-1330 | | | |

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|---------------------|
| PM Classes |
| AM Classes |
| Testing |
| No Class |
| Red Text - Saturday |