


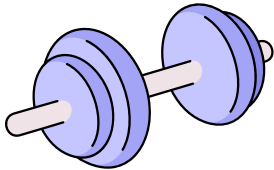





GROUP EXERCISE CLASS CALENDAR

BEGINNING MARCH 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|---------|--|--|--------|---|
| |  <p>Cardio & Core-Colleen 6:15-7am</p>  <p>Zumba-Rita 6:30pm</p> | |  <p>Zumba-Rita 6:30 pm</p> |  <p>Strength & Sculpt Colleen 6:30pm</p> | |  <p>Zumba-Rita 9:30am</p> |