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| **COVID-19 Risk Assessment for Verve Gymnastics** |
| This risk assessment covers all activities at the John Bunyan Leisure Centre in Bedford.  **Risk Assessment Prepared By**: Amber Ollier  **Description of the Risk**:  COVID-19 is a respiratory illness and the transmission route of COVID-19 is thought to occur mainly through direct contact with respiratory droplets generated when an infected person coughs or sneezes. It is possible for COVID-19 to be spread indirectly when someone touches a surface or object that has the virus on it and then touches their mouth or nose, but this is not thought to be the main way the virus spreads. Coronavirus is not a foodborne virus. Infection can be symptomless but can lead to serious illness and death. The risk increases with age but is not usually serious in those of working age or children. Serious illness is more likely to develop in those with serious health conditions, immune deficiencies and diabetes.  Detailed information on those more at risk can be obtained from Public Health England.  **Guidance (UK)**  https://www.hse.gov.uk/news/coronavirus.htm  https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities |

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| **1–4     LOW** | **5–9     MEDIUM** | **10–15     HIGH** | **16–25 VERY HIGH** |

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| **What is the hazard?** | | **Existing risk control measures** | **Risk Rating**  **L x S=R** | | | **Additional controls** | | | **New risk rating- residual** | | | | | **Action/ Monitored by whom?** | | **Action/ Monitored by when?** | |
| **L** | **S** | **R** | **L** | **S** | | **R** | |
| **Risk to Staff** | | | | | | | | | | | | | | | | | |
| Lack of distancing on access & leaving the gym area | * Staff Lateral Flow test twice a week, sanitise on arrival. * Staff enter and leave through rear door | | 4 | 3 | 12 | | * Training on new cleaning procedures, bubbles and distancing * Use distanced boxes for personal belongings   dis | 2 | | | 3 | | 6 | | Manager | Immediate |
|  |  | |  |  |  | | * Daily temperature checks on all staff on arrival with infrared thermometer * Staff to observe social distancing at all times * Only 1 staff member at a time on toilet break * Lateral flow tests to continue * Staff to leave belongings in assigned area of cupboard |  | | |  | |  | |  |  |
| Set up of gym makes it difficult to adhere to social distancing | * Session plans * Parents collect from assigned door * Children in their training groups | | 4 | 4 | 16 | | * Assigned coaching stations to ensure distancing * Parents will remain outside for delivery and collection of children * One way system for collection and drop off * Regular cleaning of equipment by staff wearing PPE * Remove equipment that is difficult to clean * Children carrying own sanitisers , tissues and gym bags * Reduced numbers in classes * Children and staff in “bubbles” | 3 | | | 4 | | 12 | | All staff | Continuous |
| If a Colleague or  child is ill with Covid-19 symptoms | * Staff member sent   home if needed   * Child sat out on bench * Parent contacted by phone and told to collect child * Call 999 in emergency | | 4 | 4 | 16 | | * Temperature checks * Colleague sent home if displaying Covid-19 symptoms * Colleague or child must stay in isolation area until they can leave * Must wear PPE for protection if in vicinity of person who is ill * Senior staff must be aware of and ensure everyone follows official Covid-19 guidance at all times. * Immediate cleaning of area visited with appropriate cleaning agent by trained staff wearing PPE. * If any sign of covid, follow guidelines from governing body | 3 | | | 4 | | 12 | | All staff | Continuous |
| Staff movement in general throughout the gym outside of normal class times | * The room is used outside of gym hours by additional classes * Signing in and out procedures * Standard hygiene procedures as regards hand washing | | 3 | 4 | 12 | | * Leisure Centre staff will clean and sanitise room before set up. * Senior Staff must be aware of and ensure everyone follows official Covid-19 guidance at all times. * Senior staff will brief colleagues as regards restricted access to all locations * Frequent hand washing * Training on new procedures * Leave gym area if not coaching | 2 | | | 4 | | 8 | | Floor Manager | Continuous |
| Admin and Leisure Centre staff on site | * Other staff using facilities during the day | | 2 | 4 | 8 | | * Admin tasks to be carried out remotely * Only designated staff allowed | 1 | | | 4 | | 4 | | Admin staff | Continuous |
| Management of children in the gym | * Registers taken on mat outside changing area * Children in groups * Lesson plans * Orderly handover on landing area | | 3 | 4 | 12 | | * Children stay in designated spot for registration * Senior staff will provide training on new procedures to all colleagues * Children and staff in bubbles * Parents to observe one way system and social distancing when dropping and collecting * Frequent sanitising * Frequent cleaning of equipment | 2 | | | 4 | | 8 | | All staff | Continuous |
| Clinically vulnerable staff members | * Self-monitoring * Risk assessment | | 4 | 4 | 16 | | * Stay away from work until safe to return * Individual risk assessment on return | 1 | | | 4 | | 4 | | Welfare Officer/ Competent Person | Immediate |
| **Risk to Children** | | | | | | | | | | | | | | | | |
| Management of children in the gym | * Registers taken * Children in groups * Lesson plans * Orderly handover on landing area | | 3 | 4 | 12 | | * Washing of hands at home before departure to gym. * Children instructed by staff to sanitise hands and feet prior to commencement of session * Parents to self-certify family’s & child’s health status * Children dropped off at designated door * Children collected at different designated door * Children & staff in bubbles * Parents not allowed in past drop off/collection door * Staggered start and finish times * Restricted numbers in gym * Distancing rules followed at all times * Each child has gym bag containing sanitiser, water bottle and tissues | 2 | | | 4 | | 8 | | All staff | Continuous |
| Toilet breaks | * Children only allowed in toilets * Children have to ask permission to go * Lead coach monitors return to group * Children must be able to go to toilet independently * Hand washing | | 3 | 4 | 12 | | * One child in toilet at any time * Parents encouraged to toilet children at home before class * Frequent sanitising * Cleaning toilets at least twice per day by Leisure Centre staff * Only 1 cubicle to be used | 1 | | | 4 | | 4 | | Manager | Continuous |
| **Risk to Parents and Carers** | | | | | | | | | | | | | | | | |
| Dropping off children | * + Entry through designated front door   + Parents accompany children to door   + Parents hand over to coach for registration | | 5 | 4 | 20 | | * + Outdoor distancing strips & signage for parents to follow   + Prominent signage through the building for one way system to encourage distancing   + Children dropped at designated front door   + Online self- certification of health of family | 1 | | | 4 | | 4 | | Manager | Continuous |
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| Collection of children | * + Children handed over individually at door   + If parent is delayed, child is kept under staff supervision until collected | 5 | 4 | 20 | * + Outdoor distancing strips & signage for parents to follow   + Children collected one by one at designated door   + Any child not collected will be kept separately from the next group. | 1 | 4 | 4 | All staff | Continuous |