

# HELPING HANDS FOOD PROGRAMS – 2025

## Helping Hands – Food Pantry / Once per Month

408 East State Street, Cassopolis

Open To Cass County Residents But Must Have A Referral

Hours - Tuesday & Thursday Hours 10am to 3pm

You must have a referral from a Church, School, Woodlands, DHHS, 211 or another Community Partner.

Helping Hands Contact Information:

Phone: 269-445-8104 / Email: [helpinghandsofcc@yahoo.com](mailto:helpinghandsofcc@yahoo.com)

Website: [helpinghandscassco.org](http://helpinghandscassco.org)

This institution is an equal opportunity provider

## Senior Commodities (CSFP) – 2<sup>nd</sup> Tuesday of each Month

Helping Hands – 130 Broadway Street, Cassopolis

Must be Enrolled & Meet Income / Age Requirements

DATE	Pick Up Time
Tuesday - January 14	12 PM – 2 PM
Tuesday - February 11	12 PM – 2 PM
Tuesday - March 11	12 PM – 2 PM
Tuesday - April 8	12 PM – 2 PM
Tuesday - May 13	12 PM – 2 PM
Tuesday - June 10	12 PM – 2 PM
Tuesday - July 8	12 PM – 2 PM
Tuesday - August 12	12 PM – 2 PM
Tuesday - September 9	12 PM – 2 PM
Tuesday - October 14	12 PM – 2 PM
Tuesday - November 11	12 PM – 2 PM
Tuesday - December 9	12PM – 2 PM

## TEFAP (QUARTERLY – 4<sup>th</sup> TUESDAY)

Helping Hands – 130 Broadway Street, Cassopolis

No Enrollment Required / Must Meet Income Requirements

Tuesday - February 25	11 AM – 1 PM
Tuesday - May 27	11 AM – 1 PM
Tuesday - August 26	11 AM – 1 PM
Tuesday - November 25	11 AM – 1 PM

**Feeding America - Mobile Pantry at Pleasant View Church of Christ**  
 Sponsored by Helping Hands - Open to All / Must be Present to Pick Up  
 M60 & Crooked Creek Road, Cassopolis

Friday - April 6	12 PM
Friday - May 2	12 PM
Friday - June 6	12 PM
Friday - August 1	12 PM
Friday - September 5	12 PM
Friday - October 3	12 PM
Friday - November 7	12 PM

**Feeding America - Mobile Pantry at Council On Aging (COA)**  
 Sponsored by ACTION Ministries – Open to All  
 60525 Decatur Road, Cassopolis

<del>Thursday—February 27</del>	<b>CHANGED TO Tuesday, February 25</b>	4 PM
<del>Thursday—April 24</del>	<b>CHANGED TO Tuesday, April 22</b>	4 PM
<del>Thursday—June 26</del>	<b>CHANGED TO Tuesday, June 24</b>	4 PM
<del>Thursday—August 21</del>	<b>CHANGED TO Tuesday, August 26</b>	4 PM
<del>Thursday—October 23</del>	<b>CHANGED TO Tuesday, October 28</b>	4 PM

**Church of Cassopolis – Food Pantry & Diaper Distribution**

520 Pearl Street, Cassopolis

Food Pantry – Open to All 2<sup>ND</sup> **Saturday** of each Month - 10am to 12pm

Diaper Distribution – Qualifying Michigan Households can receive diapers or pull ups for all children in their household. For more information contact the League for Encouraging Empowerment (LEE) through Facebook Messenger.

**Cass First Church of God – Compassion Cupboard Food Pantry**

21083 Spencer Road, Cassopolis

Food Pantry - Open to All - Last **Saturday** of Each Month - 9am to 11am

Except during 4thQ with Pick Ups Nov. 22nd and Dec. 20th, 2025

**St Paul Lutheran Church – Food Pantry & Free Weekly Dinners**

305 West State Street, Cassopolis, MI

Food Pantry – Open to All - 3<sup>rd</sup> **Saturday** of each Month – 9:30am to 11:00am

Free Community Dinner – 2<sup>nd</sup> **Wednesday** of Each Month - 6pm