

HELPING HANDS FOOD PROGRAMS – 2026

Helping Hands – Food Pantry / Once per Month

408 East State Street, Cassopolis

Open To All But Must Have A Referral

Hours - Tuesday & Thursday Hours 10am to 3pm

You must have a referral from a Church, School, Woodlands, DHHS, 211 or another Community Partner.

Helping Hands Contact Information:

Phone: 269-445-8104 / Email: helpinghandsofcc@yahoo.com

Website: helpinghandscassco.org

This institution is an equal opportunity provider

Senior Commodities (CSFP) – 2nd Tuesday of each Month

Helping Hands – 130 Broadway Street, Cassopolis

Must be Enrolled & Meet Income / Age Requirements

| DATE | Pick Up Time |
|-----------------------|--------------|
| Tuesday - January 13 | 12 PM – 2 PM |
| Tuesday - February 10 | 12 PM – 2 PM |
| Tuesday - March 10 | 12 PM – 2 PM |
| Tuesday - April 14 | 12 PM – 2 PM |
| Tuesday - May 12 | 12 PM – 2 PM |
| Tuesday - June 9 | 12 PM – 2 PM |
| Tuesday - July 14 | 12 PM – 2 PM |
| Tuesday - August 11 | 12 PM – 2 PM |
| Tuesday - September 8 | 12 PM – 2 PM |
| Tuesday - October 13 | 12 PM – 2 PM |
| Tuesday - November 10 | 12 PM – 2 PM |
| Tuesday - December 8 | 12PM – 2 PM |

TEFAP (QUARTERLY – 4th TUESDAY)

Helping Hands – 130 Broadway Street, Cassopolis

Open To All – No Enrollment Required

| | |
|-----------------------|--------------|
| Tuesday - February 24 | 11 AM – 1 PM |
| Tuesday - May 26 | 11 AM – 1 PM |
| Tuesday - August 25 | 11 AM – 1 PM |
| Tuesday - November 24 | 11 AM – 1 PM |

Feeding America - Mobile Pantry at Pleasant View Church of Christ
Sponsored by Helping Hands - Open to All / Must be Present to Pick Up
M60 & Crooked Creek Road, Cassopolis

| | |
|----------------------|--------------|
| Friday - April 3 | 12 PM – 1 PM |
| Friday - May 1 | 12 PM – 1 PM |
| Friday - June 5 | 12 PM – 1 PM |
| Friday - August 7 | 12 PM – 1 PM |
| Friday - September 4 | 12 PM – 1 PM |
| Friday - October 2 | 12 PM – 1 PM |
| Friday – November 6 | 12 PM – 1 PM |

Feeding America - Mobile Pantry at Council On Aging (COA)
Sponsored by ACTION Ministries – Open to All
60525 Decatur Road, Cassopolis

| | |
|-----------------------|------|
| Tuesday – February 24 | 4 PM |
| Tuesday – April 28 | 4 PM |
| Tuesday – June 23 | 4 PM |
| Tuesday – August 25 | 4 PM |
| Tuesday - October 27 | 4 PM |

Church of Cassopolis – Food Pantry & Diaper Distribution

520 Pearl Street, Cassopolis

Food Pantry – Open to All 2ND **Saturday** of each Month - 10am to 12pm

Diaper Distribution – Qualifying Michigan Households can receive diapers or pull ups for all children in their household. For more information contact the League for Encouraging Empowerment (LEE) through Facebook Messenger.

Cass First Church of God – Compassion Cupboard Food Pantry

21083 Spencer Road, Cassopolis

Food Pantry - Open to All - Last **Saturday** of Each Month / 9am to 11am

Except during 4thQ with Pick Ups Nov. 21st and Dec. 19th, 2026

St Paul Lutheran Church – Food Pantry & Free Monthly Dinner

305 West State Street, Cassopolis, MI

Food Pantry – Open to All - 3rd **Saturday** of each Month – 9:30am to 11:00am

Free Community Dinner – 2nd Wednesday – May thru November – 6pm