

Counseling Intake Form

Patient Name

First Name

Last Name

Address

Street Address

Street Address Line 2

City

State / Province

Postal / Zip Code

Cell Phone

Home Phone

Date of Birth

Month Day Year

Email

example@example.com

Pronouns: They or She/ Her or Him/He

Marital Status

Employment

Occupation

Primary Care Provider

Name Phone Number

Preferred Method of Contact

E-mail
Home Phone
Cell Phone
Text Messaging

Are you ok if we leave a message? (Home phone, cell phone, text message)

Yes
No

If yes, where is it ok to leave a voice mail, email, or text message?

Home Phone
Cell Phone
Text Message
Email

Type of Counselling Seeking:

Individual
Couples
Family
Support Groups
Other

Emergency Contact Information

Name

First Name

Last Name

Address

Street Address

Street Address Line 2

City

State / Province

Postal / Zip Code

Phone Number

Alternative Phone Number

Relationship

Medical History

Please check all the apply

None

Anemia

Anxiety

Asthma

Benign Prostatic

Blood Clots

Cerebrovascular Accident

COPD (Emphysema)

Depression

Gallbladder Disease

Allergies

Angina

Arthritis

Atrial Fibrillation

Hypertrophy

Cancer

Cronary Artery Disease

Crohn's Disease

Diabetes

GERD (Reflux)

Hepatitis C
Hypertension
Liver Disease
Myocardial Infarction
Osteoporosis
Renal Disease
Thyroid Disease

Hyperlipidemia
Irritable Bowel Disease
Migraine Headaches
Osteoarthritis
Peptic Ulcer Disease
Seizure Disorder
Other

Do you use tobacco?

No
Daily
Weekly
Less
Former User

Do you use alcohol?

No
Daily
Weekly
Less
Former User

Caffeine use?

No
Daily
Weekly
Less
Former User

Have you or do you use drugs? (non-prescribed medication)

Yes
No
Former User

Please list:

Are you currently taking prescription medication?

Yes

No

Have you had any surgeries or hospitalizations in the past 5 years?

Yes

No

Please specify:

Family history

Adopted

Allergies

ArthritisBlood Disease

Cancer

Depression

Diabetes

Hearing Deficiency

Hypertension (High Blood Pressure)

Learning Disability

Tuberculosis

Osteoarthritis

PVD

Other

Alcoholism

Asthma

CAD (Heart Attack)

CVA (Stroke)

Developmental Delay

Eczema

Hyperlipidemia (High Cholesterol)

Irritable Bowel Disease

Mental Illness

Obesity

Osteoporosis

Renal Disease

Mental Health History

Why you are seeking counselling?

What do you expect / hope from counseling?

Have you seen a counselor, psychologist, psychiatrist or other mental health professional before?

Yes

No

Average hours of sleep per night

Please describe any other experiences you have had that you feel is relevant.

Additional comments or concerns

*Your signature below indicates that the information you have provided above is truthful.

Date

Month Day Year