

## Icon Standard Health Screen

Retail inclusive of 7% GST: \$455 (Female) | \$440 (Male)

This is a baseline screen with a full physical assessment and consultation with our doctor, including a comprehensive blood test (with fasting), cancer markers, stool occult blood and a pap smear for ladies.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio

## Icon Classic Health Screen

Retail inclusive of 7% GST: \$730 (Female) | \$680 (Male)

This is a screening package recommended for those below 40 years old. It includes a full physical assessment (with tonometry) and consultation with our doctor, including a comprehensive blood test (with fasting), stool occult blood and a pap smear for ladies as well as a choice of 2 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Tonometry

### Choose TWO investigations (Group A):

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

## Icon Classic Plus Health Screen

Retail inclusive of 7% GST: \$840 (Female) | \$780 (Male)

This is a screening package recommended for those below 40 years old. It includes a full physical assessment (with tonometry) and consultation with our doctor, including a comprehensive blood test (with fasting), stool occult blood and a pap smear for ladies as well as a choice of 3 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Tonometry

### Choose THREE investigations (Group A):

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

## Icon Deluxe Health Screen

Retail inclusive of 7% GST: \$870 (Female) | \$830 (Male)

This is a screening package recommended for those aged 30 years old and above. It includes a full physical assessment (with tonometry) and consultation with our doctor, including a very detailed blood test (with fasting), stool occult blood and a pap smear for ladies as well as a choice of 2 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin
- Vitamin D

### **Other Tests**

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Tonometry

### **Choose ONE investigation (Group A):**

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

### **Choose ONE investigation (Group B):**

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female only)
- Ultrasound Prostate (Male only)
- Ultrasound Scrotum/ Testicle (Male only)

## Icon Deluxe Plus Health Screen

Retail inclusive of 7% GST: \$1000 (Female) | \$940 (Male)

This is a screening package recommended for those aged 30 years old and above. It includes a full physical assessment (with tonometry) and consultation with our doctor, including a very detailed blood test (with fasting), stool occult blood and a pap smear for ladies as well as a choice of 3 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin
- Vitamin D



### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Tonometry

### Choose TWO investigations (Group A):

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

### Choose ONE investigation (Group B):

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female only)
- Ultrasound Prostate (Male only)
- Ultrasound Scrotum/ Testicle (Male only)

## Icon Premium Health Screen

Retail inclusive of 7% GST: \$1240 (Female) | \$1170 (Male)

This is a screening package recommended for those aged 40 years old and above. It includes a full physical assessment (with tonometry, audiometry and spirometry) and consultation with our doctor, including a very detailed blood test (with fasting), stool occult blood and a pap smear for ladies as well as a choice of 4 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin
- Vitamin D

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Vitamin B12
- Folate
- Tonometry
- Audiometry
- Spirometry

### Choose TWO investigations (Group A):

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

### Choose TWO investigations (Group B):

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female only)
- Ultrasound Prostate (Male only)
- Ultrasound Scrotum/ Testicle (Male only)

## Icon Elite Health Screen

Retail inclusive of 7% GST: \$1650 (Female) | \$1560 (Male)

The Elite package is a very detailed health screening package which includes a full physical assessment (with tonometry, audiometry and spirometry) and consultation with our doctor, including a very detailed blood profile (with fasting) with cancer markers, hormone tests, stool occult blood and a pap smear for ladies as well as a choice of 5 diagnostic investigations.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL, HIV Antibody)
- Tumour Markers: AFP, CEA, CA 19.9, EBV EA, CA125 (Female Only), Total PSA (Male Only), H Pylori
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin
- Vitamin D

### Hormone Profile

- Menopausal Profile (FSH, LH, E2, Prolactin)- Female Only
- Andropausal Profile (FSH, LH, Total Testosterone, DHEAS, Prolactin) – Male Only

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Homocysteine
- Vitamin B12
- Folate
- Apolipoprotein A, Apolipoprotein B, Apo A/B Ratio
- Tonometry
- Audiometry
- Spirometry

### Choose THREE investigations (Group A):

- Treadmill ECG
- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)

### Choose TWO investigations (Group B):

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female only)
- Ultrasound Prostate (Male only)
- Ultrasound Scrotum/ Testicle (Male only)

## Icon Pre-Marital Health Screen

Retail inclusive of 7% GST: \$660 (Female) | \$645 (Male)

The Pre-Marital Screen is highly recommended for couples who are family planning. It includes a physical examination with our doctor, a comprehensive blood profile including thalassemia and rubella screen, as well as an STD screen to exclude infections that may affect pregnancy. There is also a choice of 1 diagnostic investigation.

### Core Component

- Medical Consultation and Examination (Inc Review)
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- Chest X-Ray
- ECG
- Pap Smear (Female only)

### Blood Test

- Haematology (Hb, RBC (RCC), WCC (TWDC), 5 Part Differential Count, Platelet Count, PCV, MCH / MCV, MCHC, Blood Film Comment, ESR, Blood Group)
- Lipid profile (Total cholesterol, HDL, LDL, Triglycerides, Total chol / HDL chol)
- Fasting Glucose & HbA1C
- Renal Profile (Sodium, Potassium, Chloride, Urea, Creatinine)
- Liver profile (Total Protein, Albumin, Globulin, Total Bilirubin, ALP, AST (SGOT), ALT (SGPT), GGT, A/G Ratio)
- Bone & Joint (Calcium, Phosphate, Uric Acid, R A Factor)
- STD (VDRL, HIV Antibody)
- H. Pylori IgG
- Hep A & B
- HsCRP
- Thyroid (Free T4 & TSH)
- Serum Ferritin

### Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine ratio
- Rubella IgG Antibody
- HB Electrophoresis (Thalassemia)
- Tonometry

### Choose ONE investigation (Group A):

- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Gallbladder
- Ultrasound Breast (Female only)
- Ultrasound Pelvis (Female only)