

**Bio:**

Judith Shelton has been doing stand up for 24 years. She plays mostly the indie comedy venues in and around Los Angeles but has also performed at The Improv, The Laugh Factory, Upright Citizens Brigade, iOWest, Second City, and The Comedy Central Stage. In 2010, she opened her own stand up school, teaching about 20 class sessions a year to performers and non-performers alike, from established comics to stay-at-home moms/dads, lawyers, psychotherapists, musicians, schoolteachers, writers, software designers, doctors, scientists, and corporate nine-to-fivers. In 2015 Judith was the Artist-In-Residence with Barrel of Monkeys in Chicago, teaching stand up to company members and performing. She presents workshops focusing on finding joy and value in the unique gifts and unpredictable life of the performing artist. She presented her workshop "Gather The Good", and was a developmental contributor for the Laughing Matters exhibit in downtown LA in the summer of 2016. Judith is currently a faculty member at USC, teaching stand up comedy in the School of Dramatic Arts. Onstage Judith can be seen performing her improvised talk show RELATIONSH!T, which has been playing in LA since 2008 and is also a regular storyteller at the Public School show at the Virgil. She has appeared on several network television shows for ABC, NBC and CBS, including Seinfeld, a series regular role on The Gregory Hines show, and The Middle. She can be seen in many national commercials including AT&T, Visa, Nike, Capital One, Vicks, Hallmark, Priceline, and Sherwin-Williams. Online Judith has acted in various web series with Soul Pancake and BuzzFeed to name a few and has been a guest on some terrific podcasts, including This Feels Terrible with Erin McGathy and Getting On with James Urbaniak.