



My Bat Mitzvah Project: Swim-A-Thon to Support Kids in Action

I love my family!! I love my friends!! I love making people happy!! I love doing my best and shining!!
I love helping people!!
I love to swim!!



I am so proud to be able to swim to raise funds for a program that has been a huge part of my life since I can remember: Kids in Action!

HSC Kids in Action is an adaptive sports and recreational therapy community program for kids with special and complex healthcare needs in the Washington, DC area. My mom is the founder- she saw the need at the hospital and made it happen. Thirteen years later, she still runs the program out of The HSC Pediatric Center, a non-profit hospital in DC. Josh and I have volunteered with Kids in Action for as long as I can remember. I help kids play sports and cheer them on. I have become friends with "Mama's kids" and love being a positive role model to them. During COVID, Josh and I did weekly Facebook Lives for Kids in Action, teaching them different things- we did crafts, exercise activities, cooking shows, played games, and so much more. It was so much fun to help even from home! Mama teaches adaptive swimming lessons, but because of COVID, they have been on hold. They can finally begin running again and I am going to help teach too.

I am passionate about swimming. I thought why not combine my love for the sport and my love for a program that is so close to my heart that helps kids with different abilities? This is why I will be swimming laps to raise funds to support the Kids in Action All-Stars!

In the spring, I will dive into the pool and swim as many laps as I can for Kids in Action!

If anyone is interested, I ask that my family and friends come together and pledge a flat amount or you can pledge a certain amount per lap. Just so you know and don't go poor over this, I think I will swim at least 100 laps.

Please fill out the form below with your donations. If you pledge a FLAT PLEDGE then you will please donate that amount pledged. If you donate a PER LAP PLEDGE then you will end up donating the pledged amount times the number of laps I end up swimming at the Swim-A-Thon!

Click here to make your pledge: <https://tinyurl.com/abbybatmitzvahfundraiser>

We'll reach out to you with how to send us your donations after the event.



All proceeds will go to benefit Kids in Action to continue to provide adaptive sports and social events to kids with all abilities!

I appreciate your support and love more than you know! I am so lucky that you are a part of my life!

Love,
Abby

Have questions? Email: abbybatmitzvah429@gmail.com
For more info, visit: AbbyBatMitzvah.com