



CLOSING THE BONES CEREMONY

\$200



WHAT IS CLOSING THE BONES?

It is a traditional Ecuadorian healing abdominal massage and body wrapping technique that gently brings the body and soul back together. I combine this tradition with Tibetan Singing Bowls Sound Healing and Relaxing Reiki.

THE BIRTH JOURNEY CAN LEAVE A
WOMAN FEELING PHYSICALLY
SPIRITUALLY & EMOTIONALLY OPEN,
VULNERABLE & EXHAUSTED.

A DEEPLY NURTURING EXPERIENCE

This ritual can help to nurture mothers, heal birth trauma and return a woman back to herself, back to her centre.

POWERFUL, UPLIFTING & TRANSFORMING

the rebozo sifting, massage and binding can close the hip bones, stimulate hormones, tone muscles and help with postnatal recovery.



*Book a free consult with
melcraven.com
0437631294*

