



CINDY CORNELL

TOP EXECUTIVE COACHING VOICE

Cindy Cornell empowers clients to unlock their full potential, leading to personal fulfillment and peak professional performance, by overcoming blind spots and self-limiting beliefs to achieve their most ambitious personal and professional goals. In 2024, LinkedIn recognized her as a “Top Executive Coaching Voice,” recognizing her influence in the field.

Cindy’s coaching style is rooted in positive psychology, Socratic philosophy, and cognitive behavioral science and draws on her own cross-functional, cross-cultural corporate experience. She emphasizes aligned values for well-being and lasting success, fostering trust, clarity, and expanded perspectives through conversational coaching and supportive accountability. This leads to clearly defined intentions, measurable outcomes, and structured paths towards stronger relationships, better communication, and improved, sustainable results.

Cindy combines academic rigor with practical insights, having served both as a faculty member in New York University’s coaching programs and executive career coach at the Yale School of Management. She holds an MBA from NYU Stern, a BS in Accounting from Penn State, and multiple coaching certifications. She is a member of the International Coaching Federation (ICF) and an active participant in their Coaching in Organizations workstream.

Cindy works with executives, women in transition, creatives, and early-career professionals. Based in Connecticut, she is an avid sailor, community leader, and lifelong learner (currently studying Corporate Sustainability at NYU Stern). She also serves on the Science and Growth advisory board for SherlockSuperCoach.AI.

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