

AIWO ANNUAL ACTIVITY 2020

Executive Committee – Sammi Mander (President), Nilima Lad (Vice-President), Anjna Gupta (Treasurer), Renu Govindaiah (Secretary)

February 2 First general body and the only in-person meeting in 2020 was held at Vice President Nilima Lad's house. The EC organized a send-off for long time member Dr. Sangita Basnet.
February 19 AIWO filed annual returns through Cowan, Epperson and Associates and paid \$1026.48 in Federal and \$476.85 in State taxes.
March 8 Annual lunch for members was organized at Finley's Tap, attended by 25.
March 7 Members participated in a food drive to help The Outlet's families facing food insecurity.
April AIWO contributed to COVID relief and the community's PPE needs by sewing face masks and donated 220 pieces to Mission Outreach and Mississippi Valley Regional Blood Center.
May 17 First virtual general body meeting was held, and a resolution adopted to continue support for India Night 2020 beneficiary agency, The Outlet , despite a cancellation of the gala. A Speaker Series focusing on Self Care and Mindful Living was set into motion to keep members engaged and focused on getting through this period of social isolation.
June Members participated in Saturday food drop-offs for The Outlet's families in the month of June and through mid-July.
July 12 The first of the Speaker Series presented by Richa Pandey, MD on Simple Solutions to Healthy Living , with a focus on remaining active and eating real.
August 30 Virtual meeting with an update from the Outlet was presented by Michael Phelon . AIWO donated funds to be used towards setting up a permanent food pantry and upgrading technology to meet the needs of online mentoring.
September AIWO launched a Member Spotlight initiative , highlighting individual members and for members to remain connected and engaged. Members profiled included Daksha Patel, Shipra Somani, Rambha Chaudhary, Renuka Prasad, Teena John, Manasi Hulyalkar Jagtap, Soniya Mamdani, Kalpana Desai, Yasmin Vania, Devyani Bhadane.
September 9 AIWO presented a check of \$41,400 to The Outlet , a culmination of its fundraising effort for the mentoring program. The donated funds were earmarked for setting up a permanent food pantry and for technology upgrades to allow the mentoring sessions to be held virtually.
September 13 Second Speaker Series featured dietician and nutritionist, Chandana Nandi's talk on The New Normal – Online Shopping, Food and Meal Choices, and Nutrition in the times of COVID.
October 14 AIWO donated \$516 to Helping Hands, \$500 to Central Illinois Foodbank . Additional donations were made to Mercy Communities (\$500) and Walk to End Alzheimer's (\$500) despite a cancellation their fundraising events.
October 18 The Third Speaker Series was presented by Isha Tyagi, MD - Morning Flashcards to Help Foster a Balanced and Positive Mindset.
November 18 AIWO made a presentation to the Sunrise Rotary Club of Springfield highlighting the organization's mission, history and initiatives over the years.

November 21 **AIWO was profiled in Springfield Scene Magazine with a cover story on the President,**

Sammi Mander.

December 13 The Fourth **Speaker Series** featured **Nilima Lad, Rambha Chaudhary, Purvi Bhandari, MD on the Art of Living Principles, Sudarshan Kriya and an Introduction to Yoga.** Members bid Upasana Nanda farewell and recognized and thanked her for her many contributions to AIWO, and the integral role she played in website creation and social media presence.