



**ETK TRAINING**

# Healthy Bodies and Lives: Training for Professionals

Direct care staff are often the first people to receive questions about sexuality or relationships from people with developmental disabilities. This training will help professionals become more comfortable with a sensitive topic, and will review how to support people to have safe and satisfying relationships.

## With this workshop, staff will:

- Gain knowledge about sexuality and highlight specific issues faced by people with developmental disabilities
- Explore our own values and attitudes regarding sexuality and people with developmental disabilities
- Explore ways to communicate about sexuality with parents/guardians, as well as individuals.

## Workshop Options:

- 1, 6 hour session
- 2, 3 hour sessions

**EMPOWER  
DISABILITIES**

**Prepare your staff to  
provide compassionate,  
factual supports!**



Additional focused trainings available for professionals and parents/guardians:

- Supporting LGBTQ+ Individuals
- Understanding Sexuality Support for Parents/Guardians

## **Instructor: Emily Tennant-Koller**

Emily is a Sexuality Educator and Trainer, using Elevatus curriculum. She offers training on many topics which can be discovered on her website at: [www.ETKTraining.com](http://www.ETKTraining.com)

## **Contact:**

