

TAEKWONDO CLASS SCHEDULE

MON	TUE	WED	THU	FRI
TINY TIGERS 5:30 PM - 6:15 PM				
DRAGONS TRAINEE 6:15 PM - 7:00 PM	SPARRING TRAINEE 6:15 PM - 7:00 PM			
DRAGONS ADVANCED 7:00 PM - 7:45 PM	SPARRING DRAGONS 7:00 PM - 8:00 PM			
ADULT CLASS 7:45 PM - 8:45 PM	ADULTS 8:00 PM - 9:00 PM			

	AGE	BELT LEVEL
TINY TIGERS	4-6	ALL BELTS
DRAGONS TRAINEE	7-13	WHITE - ORANGE
DRAGONS ADVANCED	7-13	GREEN - BLACK
ADULTS	13+	ALL BELTS

February

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
	Sparring	Sparring	Sparring	Sparring	Sparring	
9	10	11	12	13	14	15
	Self Defense					
16	17	18	19	20	21	22
	Basics	Basics	Basics	Basics	Basics	
23	24	25	26	27	28	
	Poomsae	Poomsae	Poomsae	Poomsae	Poomsae	