

TAEKWONDO CLASS SCHEDULE

MON	TUE	WED	THU	FRI
TINY TIGERS 5:30 PM - 6:15 PM	TINY TIGERS 5:30 PM - 6:15 PM	TINY TIGERS 5:30 PM - 6:15 PM	TINY TIGERS 5:30 PM - 6:15 PM	TINY TIGERS 5:30 PM - 6:15 PM
DRAGONS TRAINEE 6:15 PM - 7:00 PM	DRAGONS TRAINEE 6:15 PM - 7:00 PM	DRAGONS TRAINEE 6:15 PM - 7:00 PM	DRAGONS TRAINEE 6:15 PM - 7:00 PM	SPARRING TRAINEE 6:15 PM - 7:00 PM
DRAGONS ADVANCED 7:00 PM - 7:45 PM	DRAGONS ADVANCED 7:00 PM - 7:45 PM	DRAGONS ADVANCED 7:00 PM - 7:45 PM	DRAGONS ADVANCED 7:00 PM - 7:45 PM	SPARRING DRAGONS 7:00 PM - 8:00 PM
ADULT CLASS 7:45 PM - 8:45 PM	ADULT CLASS 7:45 PM - 8:45 PM	ADULT CLASS 7:45 PM - 8:45 PM	ADULT CLASS 7:45 PM - 8:45 PM	ADULTS 8:00 PM - 9:00 PM

	AGE	BELT LEVEL
TINY TIGERS	4-6	ALL BELTS
DRAGONS TRAINEE	7-13	WHITE - ORANGE
DRAGONS ADVANCED	7-13	GREEN - BLACK
ADULTS	13+	ALL BELTS

February

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Sparring	4 Sparring	5 Sparring	6 Sparring	7 Sparring	8
9	10 Self Defense	11 Self Defense	12 Self Defense	13 Self Defense	14 Self Defense	15
16	17 Basics	18 Basics	19 Basics	20 Basics	21 Basics	22
23	24 Poomsae	25 Poomsae	26 Poomsae	27 Poomsae	28 Poomsae	