

## Natural Farming Approaches for Nematode Suppression

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### Introduction

Plant-parasitic nematodes are microscopic roundworms inhabiting the soil that cause significant yield losses in agricultural and horticultural crops. Among them, root-knot nematodes (*Meloidogyne* spp.) are the most destructive, affecting vegetables, fruits, flowers, ornamentals and field crops. These nematodes attack plant roots, producing characteristic galls that interfere with water and nutrient uptake, leading to stunted growth, chlorosis, poor flowering, and reduced yield. Conventional nematode management relies heavily on chemical nematicides, which are costly and pose serious risks to soil health, beneficial organisms, and the environment. With increasing awareness about sustainability and the ban or restriction of many chemical pesticides, natural farming has emerged as a promising alternative. Natural farming emphasizes chemical-free cultivation by strengthening soil ecology and enhancing the plant's natural resistance, thereby offering an eco-friendly approach to nematode suppression.

### Concept of natural farming in nematode management

Natural farming is based on the principle of working with nature rather than against it. Instead of eradicating nematodes completely, this approach focuses on reducing their population below the economic threshold level by improving soil biodiversity and crop resilience. Healthy soils rich in organic matter and beneficial microorganisms create unfavourable conditions for plant-parasitic nematodes while encouraging their natural enemies.

### Role of organic amendments

Application of organic inputs such as farmyard manure, compost, vermicompost, oil cakes, and green manures plays a crucial role in nematode suppression. During decomposition, these materials release organic acids, ammonia, phenols, and other bioactive compounds that are toxic to nematodes. Moreover, organic amendments improve soil structure, aeration, and water-holding capacity, thereby enhancing root growth and tolerance against nematode attack.

### Use of botanical extracts and indigenous preparations

Botanical extracts prepared from plants like neem, garlic, turmeric, marigold, and goat weed are widely used in natural farming systems. These botanicals contain secondary metabolites such as alkaloids, phenols, and essential oils that exhibit nematicidal or nematostatic properties. Indigenous

cow-based formulations such as jeevamrit, beejamrit, and kunapa jala enrich the soil with beneficial microbes, which indirectly suppress nematode populations by competition and antagonism.

### Beneficial microorganisms and soil biodiversity

Natural farming strongly promotes the activity of beneficial microorganisms including bacteria, fungi, and actinomycetes. Microbes such as *Trichoderma* spp., *Pseudomonas* spp., *Bacillus* spp., and nematophagous fungi like *Purpureocillium lilacinum*, *Pochonia chlamydosporia*, parasitize nematode eggs or juveniles and reduce their multiplication. Increased soil biodiversity also encourages predatory nematodes and other soil fauna that naturally regulate plant-parasitic nematodes.

### Crop rotation and cover crops

Crop rotation with non-host or poor-host crops is a simple and effective natural strategy for nematode management. Inclusion of cover crops, trap crops and antagonistic crops such as marigold helps in reducing nematode population by interrupting their life cycle. Diverse cropping systems discourage nematode buildup and enhance overall soil health.

### Benefits of natural farming for farmers

Natural farming approaches are cost-effective and locally adaptable, reducing dependence on external chemical inputs. These practices improve soil fertility, enhance crop resilience, and ensure long-term sustainability. By restoring ecological balance in the soil, natural farming not only suppresses nematodes but also improves crop yield and quality, leading to better economic returns for farmers.

### Conclusion

Natural farming offers a sustainable and environmentally safe solution for nematode suppression by strengthening soil health and enhancing natural biological regulation. Instead of relying on chemical control, this approach promotes organic amendments, botanicals, beneficial microbes, and diversified cropping systems to manage nematodes effectively. Adoption of natural farming practices can play a vital role in achieving long-term nematode management, soil sustainability, and resilient agricultural production systems.

**References**

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