Farmers Teaching Farmers: A New Path to Agricultural Progress

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Agricultural development remains fundamental catalyst for economic stability and growth, especially in developing countries. At the heart of this progress lies the effective dissemination of agricultural knowledge and practices, which significantly enhances productivity, strengthens food security, and improves farmers' livelihoods. While traditional extension services primarily delivered by and non-governmental governmental bodies organizations (NGOs) have long played a vital role in knowledge transfer, they are frequently hindered by several limitations. These include restricted reach, high operational costs, and a lack of contextual relevance to the specific needs of local farming communities. In light of the limitations associated with conventional extension services, the Farmer-to-Farmer (F2F) extension model has gained prominence as a viable and participatory alternative. This approach capitalizes on the practical knowledge and experience of local farmers, facilitating the horizontal transfer of agricultural practices within rural communities. By actively involving farmers in the processes of needs assessment, decision-making, and the implementation of context-specific solutions, the F2F extension model promotes greater ownership, engagement, and sustainability in agricultural development initiatives.

The Farmer-to-Farmer (F2F) extension model is distinguished by its participatory orientation, positioning farmers as central actors in the extension process. In contrast to conventional top-down methods, this farmer-led approach emphasizes active involvement in decision-making and promotes peer-to-peer learning and knowledge sharing. By acknowledging the intrinsic value of farmers' experiential knowledge, contextual understanding, and problem-solving capabilities, the F2F model facilitates the development and dissemination of agricultural innovations that are both locally appropriate and practically effective.

Principles of Farmer-to-Farmer (F2F) extension

1. **Participation and Inclusiveness**: F2FE prioritizes active participation of local

- stakeholders, ensuring that diverse farmer groups, including women and marginalized communities, are engaged in both knowledge sharing and decision-making processes.
- 2. **Sustainability and Ownership**: By embedding extension responsibilities within communities, the model fosters local ownership, social accountability, and long-term sustainability of extension efforts.
- 3. **Capacity Building**: Continuous training and support are provided to lead farmers, equipping them with facilitation and technical skills necessary to mentor peers effectively.
- 4. **Reciprocity and Trust**: Learning exchanges among farmers are based on mutual trust and shared interests, often enhancing credibility and accelerating the diffusion of innovations (Braun et al., 2006).
- 5. **Cost-Effectiveness**: Compared to conventional extension models, F2FE is relatively low-cost, as it utilizes existing human resources and minimizes dependence on external agents.

Models of Farmer-to-Farmer Extension

The Farmer-to-Farmer Extension (F2FE) approach encompasses a variety of models and methods that facilitate the exchange of agricultural knowledge and practices among farmers. These models are rooted in participatory learning and horizontal communication, adapting to diverse agroecological and socio-cultural contexts. Each model has evolved to strengthen the role of farmers not only as beneficiaries but also as facilitators of change and innovation.

1. Lead Farmer Model

This widely used approach identifies and trains experienced and respected farmers referred to as lead farmers, community resource persons, or model farmers to disseminate agricultural technologies and practices to neighbouring farmers. Lead farmers serve as role models and local trainers, facilitating demonstrations, group discussions, and



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field visits. This model is cost-effective and enhances farmer credibility due to the shared social context.

2. Farmer Field Schools (FFS)

Developed by the FAO in the late 1980s, the Farmer Field School model emphasizes experiential learning through group-based, season-long sessions conducted on demonstration plots. Facilitated by trained farmers or extension agents, FFS aims to build farmers' analytical skills, critical thinking, and capacity to make informed decisions on pest control, soil fertility, and crop management.

3. Participatory Technology Development (PTD)

This approach focuses on collaborative experimentation between farmers and researchers to adapt and refine agricultural technologies to local conditions. F2FE plays a central role in disseminating outcomes of these experiments, with farmers actively involved in both innovation generation and diffusion processes.

4. Farmer Trainers and Peer Mentorship

Under this approach, selected farmers are trained to act as farmer trainers, providing mentorship, field advice, and support to small groups of peers. This often occurs informally or in the context of farmer cooperatives, women's groups, or agricultural self-help groups. The emphasis is on building local capacity through informal but structured knowledge exchange.

5. Digital and ICT-Enhanced F2FE

While traditionally rooted in face-to-face interactions, modern F2FE models increasingly incorporate information and communication technologies (ICTs), such as mobile phones, radio, and video, to scale up knowledge sharing among farmers. Platforms like digital storytelling, farmer-led videos, or WhatsApp groups complement traditional F2FE with broader reach and flexibility.

Advantages of Farmer-to-Farmer Extension

It promotes social cohesion and collective problem-solving within farming communities, fostering a supportive environment for innovation and change. The information conveyed by peers is often more trusted and readily adopted, leading to higher rates of technology adoption and behaviour change. Farmer-to-Farmer extension is inherently adaptable and responsive to local needs, as farmer-

trainers are intimately familiar with the challenges and opportunities present in their own contexts.

1. Enhanced Knowledge Adoption and Relevance

F2FE promotes horizontal learning through shared experiences among farmers operating within similar agro-ecological and socio-economic contexts. This results in more context-specific, practical, and easily adoptable innovations, as farmers are more likely to trust and replicate practices demonstrated by their peers.

2. Empowerment and Capacity Building

The approach fosters individual and collective empowerment by engaging farmers as facilitators and decision-makers. It builds their leadership, communication, and technical skills, enabling them to become agents of change within their communities.

3. Cost-Effectiveness and Sustainability

Compared to conventional extension systems that rely heavily on external experts, F2FE is a low-cost model. It utilizes existing human resources—experienced farmers—to deliver training and information. This localized approach reduces operational costs and promotes long-term sustainability through community ownership.

4. Strengthening Social Capital and Trust

By encouraging collaborative learning and regular interaction, F2FE helps to strengthen social ties, trust, and cooperation among farming communities. This social capital is crucial for collective action, innovation diffusion, and resilience against external shocks such as climate change or market volatility.

5. Gender Inclusion and Community Engagement

F2FE models, particularly when integrated with community-based organizations, have shown potential in promoting gender equity and inclusive participation. By involving women as farmer trainers or participants, these models contribute to equitable access to information and leadership roles.

Challenges and Limitations of Farmer-to-Farmer Extension

1. Variability in Quality and Accuracy of Information

One of the major concerns in F2FE is the inconsistency in the quality of knowledge transfer. Since farmer trainers may not have formal training in



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extension methods or up-to-date technical knowledge, there is a risk of disseminating inaccurate, incomplete, or outdated information.

2. Limited Coverage and Reach

F2FE often operates within a restricted social radius, primarily benefiting communities that are socially cohesive or geographically proximate. Marginalized or isolated farmers may not be adequately reached, limiting the inclusiveness and equity of the approach.

3. Sustainability and Incentive Issues

Most F2FE models rely on volunteerism or minimal compensation for lead farmers, which can affect long-term motivation and commitment. Without appropriate incentive structures—monetary or non-monetary—farmer trainers may lose interest, especially when facing competing livelihood pressures.

4. Gender and Power Dynamics

Cultural and gender norms can hinder the equitable participation of women and other marginalized groups in F2FE activities. In some settings, women may be excluded from leadership roles as farmer trainers or from decision-making processes due to societal constraints.

5. Weak Linkages with Formal Extension Systems

F2FE initiatives sometimes operate in isolation from formal extension services, which limits their ability to access technical backstopping, updated knowledge, and policy support. This disconnect can undermine the credibility of farmer trainers and the effectiveness of the approach.

6. Monitoring and Evaluation Constraints

The informal and decentralized nature of F2FE can pose difficulties in establishing systematic monitoring and evaluation mechanisms. Lack of data on impact, outreach, and effectiveness may hinder the scaling and institutionalization of F2FE programs.

The Farmer-to-Farmer Extension approach represents a significant shift in agricultural knowledge dissemination – from top-down, externally driven models to more participatory, localized, and farmer-led strategies. By leveraging the experiential knowledge, social networks, leadership potential of local farmers, F2FE enhances the relevance, accessibility, and adoption of agricultural innovations. It contributes meaningfully to improving agricultural productivity, rural livelihoods, and community resilience, particularly in resource-constrained settings.

However, to fully harness its potential, several systemic and contextual challenges such as inconsistencies in technical quality, sustainability of volunteer-driven systems, and limited integration with formal extension services must be addressed. Strengthening capacity-building mechanisms, establishing supportive policy frameworks, and fostering institutional linkages can enhance the effectiveness and scalability of F2FE.

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