Heart Tissue Cultured on Spinach Leaves Pashupathi M.¹ and Rashmi Mishra²

¹Department of Veterinary Physiology & Biochemistry, CoVAS, Rani Lakshmi Bai Central Agricultural University, Jhansi

²Department of Veterinary Parasitology, ICAR-Indian Veterinary Research Institute, Izatnagar, Bareilly Corresponding Author: <u>m.pashupathi7@gmail.com</u>

Introduction

It is revolutionary to use spinach leaves as a model to replicate the human heart. It demonstrates how tissue engineering and plant biology interact. This novel method makes use of spinach leaves' inherent vascular structure to produce a scaffold for the cultivation of human heart tissues. It discusses the difficulties in simulating the intricate circulatory networks required for organ systems to function.

The vein structure of spinach leaves is the source of the notion to employ them. It resembles the human tissues' vasculature. The deep and complex vein network of spinach leaves make them well suited. The capillary system seen in human organs is similar to these veins. Repurposing this natural vascular network is the goal of research. Their goal is to offer a structure that can supply oxygen and nutrients. Like blood arteries in the actual body, it will likewise eliminate waste from synthetic tissues.

Procedure

1. Decellularization of Spinach Leaves

First, the spinach leaf's plant cells must be removed. Maintaining its vascular structure is necessary for this. This is known as decellularization. Cellular components are separated from the cellulosebased scaffold by using detergents.

2. Seeding Human Cells

The leaf turns into a biocompatible scaffold after it has been decellularized. The scaffold is seeded with human cells, including heart cells. These cells stick to the surface, multiply, and blend in with the vein structure of the plant.

3. Perfusion of Nutrients

The human cells that are planted receive nourishment from the leaf's vascular pathways. They also provide growth nutrients and oxygen. Similar to how blood arteries function in the human body, this transport is essential for cell survival, growth, and functionality.

Applications in Cardiac Tissue Engineering: The scarcity of donor organs is the main driving force for this



strategy. Additionally, functioning, designed tissues for transplantation are required. Scaffolds made of spinach leaves have several uses:

- Repairing Damaged Cardiac Tissue: Patches of functional heart tissue are made using scaffolds. Patients suffering from myocardial infarction or other heart disorders may benefit from these patches.
- Engineered cardiac tissues can be used as models in the study of heart disease. They aid in the investigation of cardiac conditions. Additionally, they help with controlled drug testing.
- Developing Bioprinting Methods: By offering preformed vascular systems, the utilization of natural scaffolds enhances 3D bioprinting. As a result, creating artificial vasculature is less complicated.



Advantages of Using Spinach Leaves

1. Cost-effectiveness and Availability: Spinach is a readily available and affordable material for bioengineering. 2. Natural Vascular Networks: Complex vascular scaffolds do not need to be designed or fabricated because of the veins' natural structure.

3. Biocompatibility: The cellulose scaffold is immune-suppressive and biocompatible during decellularization.

Challenges and Limitations

1. Scalability: A good model would be spinach leaves. It is still difficult to scale up the method to larger organs or tissues with various structural requirements.

2. Mechanical Strength: The mechanical qualities needed for specific tissue engineering techniques are absent from the spinach cellulose scaffold.

3. Human Tissue Complexity: The intricacy of human circulatory systems is not entirely reflected in the simplicity of plant vasculature. In larger organs, this is particularly true.

Future Directions: Although this field of study is still in its early stages, the potential is enormous. Future research could look into:

• Using diverse plant species with distinct vascular patterns to simulate different human tissues.

• Improving the plant-based scaffolds' mechanical and functional qualities.

• Creating hybrid systems that combine synthetic materials and plant scaffolds for increased adaptability.

Conclusion

One of the most innovative tissue engineering techniques is the use of spinach leaves to simulate the human heart. It draws attention to how plant-based scaffolds may be able to help with some of the most important issues facing regenerative medicine. There are obstacles to overcome. Nonetheless, this method offers a preview of bioengineering's future. In this future, novel approaches to human health are produced by the convergence of natural and artificial systems.

* * * * * * * * *

FOODECH TODAY