

**My mission is to inspire and empower women to revitalize their personal power so they can live the life that they desire. My hope is always to inspire women to build a more balanced, fulfilling, and happier life!**

***Single Life Coaching Session***

* 45 Minute Session $150.00

***Exploration Plan (4 Sessions) $525.00***

* Four coaching sessions (approximately 45 minutes each)
* Weekly or bi-weekly (client preference)
* Unlimited emails and texts between sessions
* No contract required

***Inspiration Plan*** *(12 Sessions) $1,525.00*

* This is the most popular plan; it takes a cycle of about 90 days to make real change.
* Twelve coaching sessions (approximately 45 minutes each)
* Weekly or bi-weekly (client preference)
* Unlimited emails and texts between sessions
* No contract required

***Elation Plan*** *(24 Sessions) $2,400.00*

* Twenty four coaching sessions (approximately 45 minutes each)
* Weekly or bi-weekly (client preference)
* Unlimited emails and texts between sessions
* No contract required

All plans include a **free session**, prior to starting coaching, to show you and talk to you about what coaching is and what it can do for you. After the free session, if you decide you are not ready to coach, the session will still be free.

If none of the plans listed above work for you, a customized plan can be set up (# of sessions you request and etc.).

**Energy Leadership Index Assessment** (please let me know if you want to hear more about this product. Price will be based on package purchased)

***Motivational Speaking (based on topic, place, time, and etc.)***

*\*\*Payment plans available upon request.*