



## Eastern Food Allergy and Comorbidity Conference

Eau Palm Beach Resort & Spa ~ Florida

January 8 – 11, 2026

[easternfoodallergyconference.org](http://easternfoodallergyconference.org)

### PROGRAM

*All CME sessions will be held in the Grand Ballroom, Salon I.  
Exhibits and Breaks will be held in the Grand Ballroom, Salon III.*

#### Thursday, January 8

3:00 – 3:15 PM

#### **Welcome and meeting overview**

Russell Settiane, MD, Katherine Anagnostou, MD

3:15 – 3:30 PM

#### **Journal of Food Allergy: Year-in-review**

Katherine Anagnostou, MD

3:30 – 4:00 PM

#### **The multiple facets of milk allergy in infants**

Jonathan Tam, MD

4:00 – 4:30 PM

#### **The confusing landscape of wheat hypersensitivities: Making the correct diagnosis**

Sami Bahna, MD

4:30 – 4:45 PM

Panel Discussion: Q & A

4:45 – 5:15 PM

#### **A review of the 2025 food allergy literature: What can new evidence do for my practice?**

Elissa Abrams, MD

5:15 – 5:45 PM

#### **All about food allergy therapies: What options should I be offering my patients in 2026?**

Julia Upton, MD

5:45 – 6:15 PM

#### **Atopic Dermatitis: Quantifying patient suffering**

Jonathan Tam, MD

6:15 – 6:30 PM

Panel Discussion: Q & A



## Eastern Food Allergy and Comorbidity Conference

Eau Palm Beach Resort & Spa ~ Florida

January 8 – 11, 2026

[easternfoodallergyconference.org](http://easternfoodallergyconference.org)

*All CME sessions will be held in the Grand Ballroom, Salon I.  
Exhibits and Breaks will be held in the Grand Ballroom, Salon III.*

### Friday, January 9

7:45 – 8:15 AM

#### **The role of AI in food allergy: How to navigate novel tools**

Nicholas Rider, DO

8:15 – 8:45 AM

#### **Practical SLIT in food allergy: What is happening in the real world?**

Edmond Chan, MD

8:45 – 8:55 AM

Panel Discussion: Q & A

8:55 – 10:00 AM

#### **PBL: A 7-year-old with food allergies and comorbid asthma**

Ray Davis, MD, Don Bukstein, MD, Russell Settignano, MD

10:00 – 10:45 AM

Coffee Break: Visit exhibits and posters

10:45 – 11:15 AM

#### **Eosinophilia and food allergy: A practical approach**

Richard Wasserman, MD

11:15 – 11:45 AM

#### **When and how to address significantly elevated IgE levels in food allergy**

Julia Upton, MD

11:45 AM – 12:15 PM

#### **Food allergy and asthma: Management overview**

Wanda Phipatanakul, MD

12:15 – 12:30 PM

Panel Discussion: Q & A

1:25 – 1:55 PM

#### **Oral food challenges: A practical approach**

Roxanne Oriel, MD

1:55 – 2:20 PM

#### **Biologics for asthma: What to use and when?**

Wanda Phipatanakul, MD

2:20 – 2:50 PM

#### **Safety of biologics in food allergy: What our patients need to know**

Shahzad Mustafa, MD

2:50 – 3:00 PM

Panel Discussion: Q & A



## Eastern Food Allergy and Comorbidity Conference

Eau Palm Beach Resort & Spa ~ Florida

January 8 – 11, 2026

[easternfoodallergyconference.org](http://easternfoodallergyconference.org)

*All CME sessions will be held in the Grand Ballroom, Salon I.  
Exhibits and Breaks will be held in the Grand Ballroom, Salon III.*

### Saturday, January 10

7:45 – 8:15 AM

#### **Adult food allergy**

Shahzad Mustafa, MD

8:15 – 8:45 AM

#### **Food pollen syndrome: An overview**

Edmond Chan, MD

8:45 – 8:55 AM

Panel Discussion: Q & A

8:55 – 10:00 AM

#### **PBL: A 26-year-old with food allergy and recurrent anaphylaxis**

Ray Davis, MD, Don Bukstein, MD, Russell Settupane, MD

10:00 – 10:45 AM

Coffee Break: Visit exhibits and posters

10:45 – 11:15 AM

#### **Anaphylaxis case management**

Elissa Abrams, MD

11:15 – 11:30 AM

#### **Benefits of “watching and waiting” after epinephrine is administered**

Richard Wasserman, MD

11:30 – 11:45 AM

#### **Risks of “watching and waiting” after epinephrine is administered**

Sami Bahna, MD

11:45 AM – 12:15 PM

#### **Choosing the right epinephrine device for the right food-allergic patient**

Matthew Greenhawt, MD

12:15 – 12:40 PM

Panel Discussion: Q & A

1:35 – 2:05 PM

#### **An updated action plan for anaphylaxis**

Katherine Anagnostou, MD

2:05 – 2:30 PM

#### **Discussing the omalizumab option in a shared decision-making conversation with your food allergy patients**

Jonathan Tam, MD

2:30 – 3:00 PM

#### **Navigating EoE therapies: A practical approach**

Matthew Greenhawt, MD

3:00 – 3:10 PM

Panel Discussion: Q & A



## Eastern Food Allergy and Comorbidity Conference

Eau Palm Beach Resort & Spa ~ Florida

January 8 – 11, 2026

[easternfoodallergyconference.org](http://easternfoodallergyconference.org)

*All CME sessions will be held in the Grand Ballroom, Salon I.  
Exhibits and Breaks will be held in the Grand Ballroom, Salon III.*

### Sunday, January 11

8:15 – 8:45 AM

#### **Addressing food allergy misconceptions**

Tim Buckey, MD

8:45 – 9:15 AM

#### **Food allergy OIT: What happens 5 and 10 years down the line?**

Katherine Anagnostou, MD

9:15 – 9:45 AM

#### **Mild food allergy and thresholds**

Roxanne Oriel, MD

9:45 - 10:15 AM

#### **EoE: Managing challenging cases**

Tim Buckey, MD

10:15 – 10:30 AM

Panel Discussion: Q & A