

# Rule for Board Breaking Competition



**Traditional Breaking** – In this category competitors compete against themselves. The competitor determines their own breaking technique and board heights based on the allowed number of boards for their belt rank. If the competitor is successful and completes the breaks on the first attempt, the competitor will be awarded a Gold medal. If it takes the competitor two (2) attempts on any break they will be awarded a Silver medal. If it takes the competitor three (3) or more total attempts the competitor will be awarded a Bronze medal.

**The breaking category is divided into the following three (4) levels.**

LEVEL I – 1 or 2 Stations – White, Yellow, Orange

LEVEL II – 2 or 3 Stations – Green, Purple, Blue

LEVEL III – 2 to 4 Stations - Brown & Red Belts

LEVEL IIII – up to 5 stations – Black Belts (BB)

## **NUMBER OF STATION PER RANKS**

- Yellow & White (orange) Belts up to 2 stations
- Green & Blue (purple) Belts up to 3 stations
- Brown & Red Belts up 4 stations
- Black Belts up 5 stations.

No limit on how many boards per station

**ALL COMPETITORS MUST PURCHASE THEIR OWN BOARDS AT THE VENDER BOARD TABLE.**

**BOARDS** sold at tournament, must purchase boards onsite.

**ALL COMPETITORS MUST PROVIDE THEIR OWN BOARD HOLDER.**

(Board holder do not get in gym for free must at least have a spectator arm band)