



BLACK BELTS

WEIGHT DIVISIONS



Cadet Divisions Black Belts, Age 12 to 14

| Male Weight Groups | | Female Weight Groups | |
|--------------------|--------------------|----------------------|--------------------|
| Fly | Not exceeding 81.6 | Fly | Not exceeding 72.8 |
| Feather | 81.7 – 99.2 | Feather | 72.9 – 90.4 |
| Welter | 99.3 – 116.8 | Welter | 90.5 – 103.6 |
| Middle | 116.9 – 134.5 | Middle | 103.7 – 121.3 |
| Heavy | 134.6 + | Heavy | 121.4 + |

Junior Divisions Black Belts, Age 15 to 17

| MALE Weight Groups | | FEMALE Weight Groups | |
|--------------------|---------------------|----------------------|--------------------|
| Fly | Not exceeding 105.8 | Fly | Not exceeding 97.0 |
| Feather | 105.9 – 121.3 | Feather | 97.1 – 108.0 |
| Welter | 121.4 – 138.9 | Welter | 108.1 – 121.3 |
| Middle | 139.0 – 160.9 | Middle | 121.4 – 138.9 |
| Heavy | 161.0+ | Heavy | 139.0+ |

Senior Divisions Black Belts, Age 18 to 32

| MALE Weight Groups | | FEMALE Weight Groups | |
|--------------------|---------------------|----------------------|---------------|
| Fly | Not Exceeding 127.9 | Fly | Under 108.0 |
| Feather | 128.0 – 149.9 | Feather | 108.0 – 125.7 |
| Welter | 150.0 – 176.4 | Welter | 125.8 – 147.7 |
| Heavy | 176.5+ | Heavy | 148.8+ |