

## **Family/Friends Forms**



\* Mixed Belt Rank Team (can be a combination of Youth and Seniors, all Colored Belts, a combination of Colored Belts and Black Belts, all Black Belts consisting of both Youth and Senior Black Belts)

\* One Group at a time, we will be using Score Cards

\* Group shall consist of two to five members.

\* An individual may compete on only one team.

\* Teams may consist of all males, all females or a combination of males and females.

### **Determination of Winning Team**

A team score will be awarded based on all criteria used in judging individual forms competition as well as the presentation of the group as a unit.

Criteria for Form Selection

Group may perform any form up to and including the rank of the most senior member of the team.