

Traditional Forms Competition Defined



Bracketed Competition

* This tournament will use bracketed competition. Two competitors will perform their form/pattern simultaneously.

* No competitor may begin his pattern a second time (unless both competitors are unable to complete their form during the first time through).

* We are using three judges, they shall be positioned in an equilateral triangle, one on each front corner and one between the two remaining corners.

There are three different taekwondo styles that are accepted

* International Taekwondo Federation (ITF),

* World Taekwondo Federation (WTF) or currently World Taekwondo (WT), or

* Moo Duk Kwan/Tang Soo Do (MDK.TSD).

Merits

Merit will be awarded based on Technique, Power, Focus, Rhythm, Grace and Beauty. These are listed in order of importance when judging.

Recognized Forms/Patterns



The official Forms/Patterns accepted for this competition shall be:

Divisions	ITF	WTF	TSD/MDK
Novice White, Yellow Orange	Chon-Ji Dan-Gun Do-San	Pal Gwe 1-2 Taeguek 1-2	Ki-Cho (KiBon) 1-3 Pyung-An/Pinan 1 Basic Form 1-3
Intermediate Green, Purple Blue	Won-Hyo Yul Gok Joong-Gun Toi-Gye	Pal Gwe 2-6 Taeguek 2-6	Ki-Cho (Ki Bon) 3 Pyung-An/Pinan 1-4
Advanced Red, Brown	Hwa-Rang Choong-Moo	Pal Gwe 6-8 Taeguek 6-8	Pyung-An/Pinan 4-5 Passaai (Bassai)
1st Dan	Kwang-Gae Po-Eun Ge-Baek	Koryo	Jin Do Jit-Te
2nd Dan	Eui-Am Choon-Jang Ko-Dang Juche	Keumgang	Ro-Hai
3rd Dan	Sam-Il Yoo-Sin Choi-Yong	Taebaek	Kong San Kun
4th Dan	Yon-Gae Ul-Ji Moon-Moo	Pyongwon	Wan Shu

Uniform Requirements

- 1) All contestants must wear a clean Uniform. Athletes are allowed to wear their school uniforms. Uniforms may have school patches. (Note: In the event the athlete's uniform becomes bloody, he/she may be required to change).
- 2) Black trim on the collar/lapel of a white dobok is allowed for Black Belts only.
- 3) Team name and school logo (non-offensive) are allowed on the back of the dobok top.
- 4) Athletes may wear a t-shirt underneath the dobok.
- 5) No loose Jewelry.
- 6) Inappropriate or unsafe uniforms will not be allowed. Uniform jacket may not be tucked into the pants.
- 7). All competitors must wear a belt appropriate to their rank with the knot of the belt in the front.
- 8) Junior black belts (15 years of age and younger) are permitted to wear "Poom belts" (half-red, half-black) as well as "Poom collars". All others must wear a solid Black Belt. Embroidery on belts is acceptable.