

## Weapons Forms



1. One at a time we will be using Score Cards
2. No live blades will be allowed
3. Weapons are subject to inspection by Chief Referee and may be prohibited if deemed unsafe.
4. The weapon must remain in contact with the body at all times
5. Inverted aerial maneuvers are allowed; rolls on the ground are allowed; no jumping off chairs.
6. Judging criteria includes Technique, Power, Focus, Rhythm, Grace & Beauty
7. 90 second time limit
8. Competitor may not switch weapons during the traditional weapons form
9. Approved weapons for this event are: Kamas, Sword, Sai, Tonfa, Staff, Nunchaku, Knife, Polearms, Eku - Oar, Cane, Fan, Escrima Stick

