

National curriculum in England: physical education programmes of study states that:

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

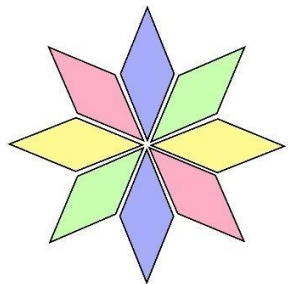
At Kaleidoscope School:

All children experience swimming on a weekly basis regardless of age or need.

Sessions are tailored to meet the needs of all our learners and all learners are supported to make developmentally appropriate levels of progress in the water. This will vary for each learner.

For those it is appropriate, the pupils are taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations



Kaleidoscope