

NOVEMBER

Events!

5

SPIN POP UP
6PM

12

SPIN POP UP
6PM

13

BARRE, BOTOX & BUBBLY
DOORS OPEN AT 5PM

19

**FOLKLORE & EVERMORE:
POWER YOGA EXPERIENCE**
6PM

22

ROAR & RESTORE
YOUTH ROBOTICS WORKSHOP
& ADULT WORKOUT
11AM

27

BLACK FRIDAY SALES
STUDIO OPEN 8AM-12PM

29

THE SUNDAY EXHALE:
CANDLELIT RESTORATIVE YOGA
5PM