

# MeQHA Youth Stride Together Volunteer Program

#meqhaproud



The MeQHA Youth Volunteering program is to earn rewards while volunteering and expanding your equine knowledge. It is open to all youths 18 and under who are members of MeQHA. You do not need to own your own horse! Log the hours you spend volunteering at your local barn (excluding activities involving personal horse), attending educational events, and helping out at horse shows in Maine. Hours are carried over from year to year as long as participants maintain membership in MeQHA or MeQHHA. (If membership lapses, you must start over).

## Summary of the program:

1. Maintain a continuous membership with MeQHA or MeQHHA.
2. In order to receive award at annual banquet logs must be turned in by December 31<sup>st</sup>.
3. Activities included in the volunteering program include:
  - a. Volunteering at your local MeQHA membership barn doing light maintenance, stall cleaning, grooming, helping with hay delivery, etc
  - b. Volunteering at local horse shows in Maine as a scribe, steward assistant, running activities, trail set up, etc (Counts DOUBLE)
  - c. Volunteering with a MeQHA member to assist in summer camps
  - d. Attending clinics or educational seminars focused on the care, training, or health of the quarter horse.
  - e. Volunteering at horse rescues and shelters
  - f. Volunteering at Trail Challenges with set up and judging (Counts DOUBLE if do both at same event)
4. Have an activity you think should be counted and don't see it here, ask!



Awards:

\*First 10 volunteers of 2023 who reach 15 donated hours to MeQHA club or MeQHA Pine Tree Classic will receive Stride Together MeQHA Hoodie donated by DNL Weatherization & Construction

5 hours – MeQHA Water Bottle

15 hours – Patch

25 hours – Hat

50 hours – T-shirt

100 hours – Sweatshirt

Possibility of awards being changed depending on availability to purchase.

Name: \_\_\_\_\_

T-Shirt Size: S\_\_M\_\_L\_\_XL\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Member of MeQHA or MeQHYA: yes\_\_\_ no \_\_\_\_\_

Return to:

Stephanie Powers Dion

or

Meredith Weaver

20 Stony Brook Way

28 Brown Road

Bar Harbor, ME 04609

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