

BVK Report

NAME		
STREET		
CITY	STATE	ZIP
EMAIL	PHONE	AFFILIATE

Note:

If you are mitigating more than one room(s) start in the room that will be turned off first, probably the children's room.

- Hook up the BVK (see tri-fold) if possible have the person who's room it is lay in the bed. (Body mass matters)
- Record BVK reading with all circuits on. (Use "walkie talkies" or phones to talk to each other)
- Record reading with all circuits off (best case scenario).
- Turn on one circuit at a time, record reading then turn it off. Repete with all circuits. (See pg. 2)
- Starting with lowest reading turn on circuits one at a time. Turn on as many as you can and still have the BVK reading you want (below 100 mV). (note: the reading may go down when a circuit is turned on)
- Mark circuits still off on page 2 and on the breakers (this helps the electrician).
- Indicate any 240VAC circuits that need to be switched and their AMP (30, 40 etc.)

With additional rooms follow the same process but leave off the circuits that will be off for previous rooms.

When completing each room, leave previous room circuits off and turn on as many of the other circuits as you can to remain under 100 mV (if possible).

Room/area summery

ROOM#	ALL ON	ALL OFF	MITIGATING CIRCUITS	END READING
	mV	mV		mV

Once you have measured you will know how many circuits you need to turn off for each room/area. Decide how many control zones you need for your lifestyle, 2 or 4. Choose "SP" or "NP" (see web site).

Order the EMFSafeSwitch you need from www.EMFSleepSwitch.com/store

EMFSafeInc.com
BVK Worksheet for recording breaker panel readings

NAME	PHONE
ADDRESS	AFFILIATE
NOTES:	

Record BVK readings here

#	Area name	Rm.1	Rm.2	Rm.3	Zone	Zone	Rm.3	Rm.2	Rm.1	Area name	#
1		mV	mV	mV			mV	mV	mV		2
3											4
5											6
7											8
9											10
11											12
13											14
15											16
17											18
19											20
21											22
23											24
25											26
27											28
29											30
31											32
33											34
35											36
37											38
39											40
41											42

EMFSafeSwitch “NP” relay/wires/circuit assignment.

Relay	Wires Power/Neutral	Zone#	Circuit#	Area of home
1	BC1/CB1 - N1/N1			
2	BC2/CB2 - N2/N2			
3	BC3/CB3 - N3/N3			
4	BC4/CB4 - N4/N4			
5	BC/CB5 - N5/N5			
6	BC6/CB6 - N6/N6			
7	BC7/CB7 - N7/N7			
8	BC8/CB8 - N8/N8			

EMFSafeSwitch “SP” relay/wires/circuit assignment.

Relay	Wires Power/Neutral	Zone#	Circuit#	Area of home
1	BC1/CB1			
	BC2/CB2			
	BC3/CB3			
2	BC4/CB4			
	BC/CB5			
	BC6/CB6			
3	BC7/CB7			
	BC8/CB8			
	BC9/CB9			
4	BC10/CB10			
	BC11/CB11			
	BC12/CB12			