

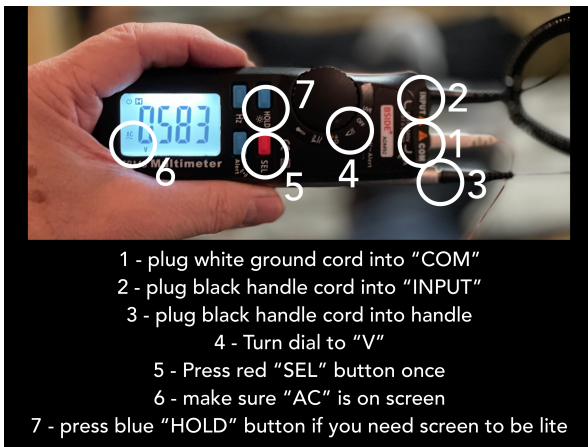
## How to hook up the meter



Test circuit for safe ground



Plug white ground cord into wall



Leave the handle attached to the meter for convenient one handed operation as shown or remove handle and hold separately if preferred.

Contact with handle measures your body voltage in milli-volts on the readout.  
(583 m/V in this image)

**EMFSafe is the American manufacturer of the original - UL listed:**

EMFKillSwitch  
EMFSleepSwitch  
EMFSafeSwitch

With various models, this switch remotely and safely turns off circuits in your home (day or night) to reduce your EMF exposure & help create a sleep sanctuary.

**International Institute for Building Biology:  
BODY VOLTAGE GUIDELINES FOR  
SLEEPING AREAS**

The Building Biology Evaluation Guidelines are based on the precautionary principle. They are specifically designed for sleeping areas associated with long-term risks and a most sensitive window of opportunity for regeneration. They are based on the building biology experience and knowledge, scientific studies and other recommendations and focus on achievability,

**No Concern < 10 m/V**  
**Slight Concern 10-100 m/V**  
**Severe Concern 100-1,000 m/V**  
**Extreme Concern > 1,000 m/V**



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# BVVK

LIVEEMFSafe

EMF  
SafeInc.com

## The "E" Pen



### Find

The EMFSafe "E" Pen finds the Electric Fields . . . the "Elephant in the room" (the "E" of EMF)

Identify electric fields ANYWHERE: at home, work, a store, restaurant etc. You can now avoid high "E" fields and choose to sit or stand in a low "E" area to reduce your daily load.

Find hidden sources: wires in walls and/or floor etc. and test their levels with the body voltage meter.

- **Be informed • Be empowered**
- **Be in control**

## The Body Voltage Meter

Measure what to unplug or move away, during the day to be below 1,000 mV.



### Measure

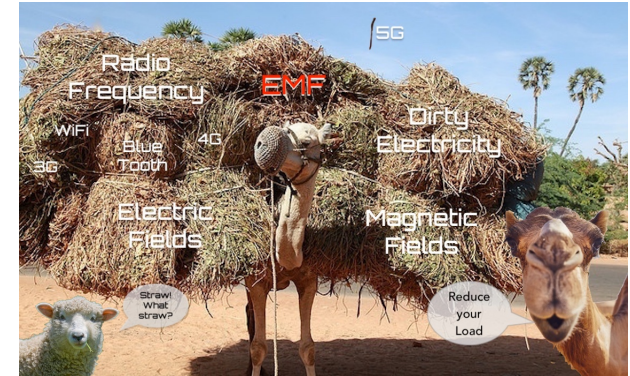
#### Bedroom mitigation

- Lie in bed and take a reading.
- Switch off ALL the house breakers
- Take another reading (base line)
- Switch on one breaker take the reading, turn it off.
  - Repeat with ALL breakers.
- Now that you know which circuits are impacting you and by how much - switch breakers with smallest reading back on first and stay below 100 mV. Sleep Safe

- **Order the EMFSafeSwitch that is right for you.**

## The EMFSafeSwitch

EMF is everywhere and it's effects add up!



### Fix

An EMFSafeSwitch can reduce your daily EMF LOAD by as much as 70%, helping your immune system & sleep.

They are **UL listed** for safety & come complete ready to install (NOT a kit) next to your main electrical panel.

## TAKE ACTION

