

Privacy Policy – Healing First

Effective Date: Sep 09, 2025

Healing First (“we,” “our,” or “us”) is committed to protecting and respecting your privacy. This Privacy Policy explains how we collect, use, store, and safeguard your personal information when you engage with our services, website, workshops, or other programs.

1. Information We Collect

We may collect the following types of information:

- **Personal Information:** Name, age, gender, email address, phone number, institution/organization, and other details you voluntarily provide during registration.
 - **Health & Well-being Information:** Information you share during workshops, counseling sessions, or surveys related to your mental health, stress levels, or well-being.
 - **Usage Data:** Information about how you use our website, digital campaigns, or mobile services (such as IP address, browser type, pages visited, and time spent).
 - **Payment Information:** When applicable, billing details for subscriptions, events, or workshops.
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2. How We Use Your Information

We use the information collected to:

- Provide and improve our programs, workshops, and counseling sessions.
- Personalize your experience and offer tailored well-being support.
- Communicate with you about upcoming events, campaigns, and resources.
- Process payments and manage subscriptions.

- Conduct research and program evaluations (anonymized and aggregated).
 - Comply with legal or regulatory requirements.
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3. Sharing of Information

We value confidentiality and will **never sell your data**. Your information may only be shared with:

- **Authorized Team Members:** Counselors, mentors, and facilitators bound by confidentiality agreements.
 - **Service Providers:** Trusted partners who help us operate our website, workshops, or payment systems (with strict data protection obligations).
 - **Legal Obligations:** If required by law, regulation, or court order.
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4. Data Security

We take appropriate security measures to protect your data from unauthorized access, alteration, disclosure, or destruction. These include secure servers, encryption, and restricted access protocols.

5. Your Rights

You have the right to:

- Access the personal information we hold about you.
- Request correction, update, or deletion of your data.
- Withdraw consent for us to process your data.
- Opt-out of receiving newsletters or promotional communications.

To exercise these rights, please contact us at **[insert official Healing First email]**.

6. Confidentiality in Counseling & Workshops

All personal stories, discussions, and information shared during workshops, counseling, or mentoring sessions remain strictly confidential, unless disclosure is required for your safety or as mandated by law.

7. Retention of Data

We retain your personal information only for as long as necessary to provide services, fulfill program requirements, or comply with legal obligations. After this period, your data will be securely deleted.

8. Updates to This Policy

We may update this Privacy Policy from time to time. Changes will be posted on our website with the updated effective date.

9. Contact Us

If you have questions or concerns about this Privacy Policy or our data practices, please contact us at:

 **karamveer@healingfirst.in**

 Healing First, G/D Savitri Enclave, Bhuiyan Toli, Samlong, Ranchi, Jharkhand, India