



EASTON FALL SCHEDULE

CALL 508-942-4339 ASK FOR COACH WAR FOR MORE INFO 5 HAMPDEN DR, EASTON MA 02375



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08.00							
09.00							
10.00							
11.00							
12.00							
13.00							
14.00							
15.00							
16.00							
5:00-5:50	ages 7-8 Sanshou		ages 7-8 Sanshou	Youth Sparring		Cardio Kickboxing	
6:00-6:50	ages 9-12 Sanshou		ages 9-12 Sanshou	Cardio Kickboxing		Youth Sparring	
7:00-8:15	Teens & Adults Sanshou	Cardio Kickboxing 7:00-8:00	Teens & Adults Sanshou	Teens & Adult Sparring		Teens & Adults	Cardio Kickboxing 7:00-8:00
20.00							